

# WHY HAVE BREAST AUGMENTATION?

Breast enlargement surgery can be extremely satisfying and successful for any woman who feels that they have disproportionately small, droopy or uneven breasts.

The most common reason that a woman presents for breast enlargement is because she feels that her breast size and shape is out of proportion with the rest of her body. Often, factors such as breastfeeding, weight loss and age can result in the loss of breast volume, making breasts look saggy or droopy.



## HOW IS IT DONE?

Breast augmentation is a routine procedure that typically takes 1 hour and is performed under a light general anaesthetic in an accredited hospital. There is no need to stay overnight as the surgery is usually performed as day surgery without the need for drains.

## TYPE OF IMPLANT

**Surface** - We only recommend the use of textured (rough surfaced) breast implants due to their better good capsule rate (least chance of turning hard and tendency to be natural and mobile, but not too floppy). They also do not need to be massaged every day for the rest of your life.

**Shape** - The shape of implant that will best suit you depends on your current breast amount, shape, thickness of your tissues and your desired outcome. The recommended shape of implant to be used will be determined in consultation with your surgeon.

In general terms, shaped implants are used for thin patients with little or no breast tissue. Round implants are best for ladies who have some breast tissue but it is ski-jump in shape. The round implants will offer more volume usually at the top of the breast, whereas the teardrop shape holds the volume at the bottom.

**Filler** - Cohesive gel implants are primarily used due to their more natural results and less risk of specific complications. Saline (water filled) implants have a greater risk of rippling where a wave like irregularity can either be seen or felt. To reduce this risk, saline implants are typically overinflated by 10 %, which can make them firmer to feel. Saline implants also have a life expectancy of 7 years and may deflate and need to be replaced.



## MARK DUNCAN-SMITH

MBBS (WA) FRACS (Plastic Surgery) | Specialist Plastic Surgeon

### PHILOSOPHY

My philosophy is to provide the highest quality service with individualized treatment plans developed after fully understanding what you are looking for.

### PROFILE

Mark Duncan-Smith is a genuine Plastic Surgeon with international and national training in breast augmentation surgery.

He obtained his medical degree from the University of Western Australia and was awarded his FRACS in Plastic Surgery in 1996. After this he completed 2 years of Fellowships in the USA at Johns Hopkins University (Baltimore) and the Cleveland Clinic Florida (Ft. Lauderdale).

He gives back to the community at Royal Perth Hospital where he is one of the burn surgeons and previously took care of the Bali bombing patients and Ashmore Reef disaster patients.

He gives back to the global community by undertaking volunteer Plastic Surgery missions on an annual basis to Vanuatu to provide services that otherwise would not be available.

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